

# SISTERS ROAD TO FREEDOM, INC.



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## Mission

Sisters Road To Freedom, Inc. is a 501 (c)(3) non-profit organization with the mission:

1. To serve families in Fayette County, Lexington, Kentucky regardless of race, color, religion, age, national origin, sex, disability; and,
2. To provide assistance to families in every aspect of their lives through Food/Clothing Banks and Empowerment/Summer Programs and Emergency Assistance (utilities/medical/rent).

# 2021 REPORT

## **\*2021 Summer Program: Molding of Generation Z Mental Health Adjustment For Teens and Their Caring Adults**

\*Our Molding of Generation Z summer program was conducted around mental health as our students prepared to go back to in-person classes. Our mental health expert is a Mental Health Specialist with Fayette County Public Schools.

\*We also had New Vista at the program as a vendor providing free mental health resources for both caring adults and the youth.

\*Participants were well-engaged and we also did follow-ups and provided additional assistance regarding credit recovery.

\*Participants received Covid-19 resources and school supplies and gift cards.

# **SISTERS ROAD TO FREEDOM, INC.**



## **\*Weekly Food Pantry and Clothing/Household Items**

- \*Average attendance on Wednesdays: 17 heads of household
- \*Average attendance on Saturdays: 30 heads of household
- \*We distributed assorted sizes in diapers, pull-ups, baby wipes, baby clothes and other baby accessories
- \*We distributed masks and hand sanitizers, Clorox Wipes and other disinfectant wipes
- \*The food pantry diversified its organic food distribution, adding fresh eggs, CSA Farm Shares through Elmwood Stock Farm and summer vegetables from Black Soil
- \*Thanksgiving Distribution were gift cards from Kroger's to allow families to buy what they need for their Thanksgiving meals

## **\*Community Resource Fairs**

- \*We held several outdoor markets on site during the summer months
- \*Participated in the YMCA North Side Community Fair
- \*Participated in The Nest Community Fair held at Duncan Park
- \*Crown Employment Agency provided employment opportunities on site
- \*Back to school resource fair where backpacks and schools supplies, reading books, and other educational materials were distributed

## **Some of the agencies that made referrals to Sisters Road in 2021:**

- \*\*HealthFirst Bluegrass
- \*Fayette County Public Schools
- \*Baptist Health Hospital
- \*Key Assets
- \*Lexington-Fayette Health Department

## **Fundraisers:**

- \*Southern Chef Cook-Off Challenge organized by Chef Joseph Lane was held at Southern Deli & Tavern benefiting Sisters Road To Freedom, Inc.
- \*The family of Brenda Biddle McFaddin held a Memorial Service and family and friends donated in her memory as she was a friend and donor of Sisters Road To Freedom, Inc.

# SISTERS ROAD TO FREEDOM, INC.



## CHECK US OUT!



## YOU CAN HELP SUPPORT US TOO!



@SistersRoadToFreedom